



## OLNEY CENTER

— For Oral & Maxillofacial Surgery —

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*Diplomate American Board of Oral & Maxillofacial Surgery*

### **ALL ON X IMPLANT Pre-Operative Instructions**

The following pre-operative instructions must be followed very carefully.

#### Food and Beverages

- It is essential that the stomach be empty at the time of the anesthesia appointment.
- Nothing to eat or drink (including water) for 8 hours prior to your surgery, unless otherwise instructed by our clinical team. Including Candy or Chewing gum.

#### Medications

- If you take routine prescribed or herbal medications, please discuss with the doctor prior to your surgery, we will instruct you on which ones you may take, with the smallest sip of water. If you are asthmatic, please bring your inhaler with you on the day of surgery.

#### Transportation and General Care

- You must be accompanied by a responsible adult who is able to remain in the office or depending on the length of your procedure, be close by. They must drive you home and remain with you until you have sufficiently recovered. Your escort will be given your post-operative instructions and all necessary prescriptions.
- Patients that undergo IV sedation or general anesthesia are considered legally impaired and must not drive, operate complicated machinery and devices, or make important decisions (such as signing legal documents) during the recovery time (24 hours).
- Arrange for assistance with the care of small children during the recovery period.
- **Plan your post-surgical diet.**

#### Clothing / Contact Lenses

- Wear short-sleeved, loose-fitting, comfortable clothing and low-heeled shoes.
- Do not wear jewelry, lipstick, or excessive makeup on the day of surgery.
- Remove contact lenses before surgery.

#### Smoking

- Understand that smoking will decrease the success of this treatment.
- Refrain from smoking 2 days prior to treatment and a minimum period of 5 days following treatment.

#### Appointments

- If your general health changes (e.g., cold, cough, fever, etc.), contact our office prior to the day of the appointment to discuss your readiness for surgery.
- You are required to confirm your appointment 48 hours in advance.
- There will be charges or non-refundable fees if your appointment is rescheduled within 48 hours or cancelled within 2 weeks.

**If you have any questions, please do not hesitate to contact our office.**

**It is important that you understand the circumstances surrounding this treatment.**