



OLNEY CENTER

— For Oral & Maxillofacial Surgery —

Anis Tebyanian DMD, MD

Diplomate American Board of Oral & Maxillofacial Surgery

Morpheus8 Post-Treatment Instructions

Dr. Tebyanian will recommend which JanMarini Skin Care products would be best to use.

Skin Care:

- **Clean-** use a soothing cleanser
 - use lukewarm water to clean the face and pat dry.
 - Be sure your hands are clean when touching the treated area.
- **Hydrate-** keeping the skin moist and hydrated is **crucial for the first 5 days**.
 - Use Aquaphor on the treatment area until skin heals.
- **Makeup-** can be applied 2 days after the treatment **if it does not dry the skin**.
 - Clean makeup brushes prior to use.
- **Protect-** daily use of sunscreens will help reduce risk of skin cancer, wrinkles, and slow the aging process.
 - Use a physical sunscreen (zinc/titanium dioxide) daily for 1-7 days
 - Afterwards, okay to use chemical sunscreens (oxybenzone, avobenzone, octisalate, octocrylene, homosalate and octinoxate)

Avoid for at least 48 hours:

- Any Alpha or Beta hydroxy Acids, Retinol (vitamin A), Vitamin C (in a low pH formula), or anything perceived as “active” skincare,
- Intentional and direct sunlight no tanning.
- No exercise or strenuous activity or swimming

CALL THE OFFICE 301-924-2155 IF YOU EXPERIENCE:

- Excessive discomfort not controlled by the pain medication.
- Increased swelling or fever above 101 degrees after the fourth day.
- Any questions related to the procedure.